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(71) Applicant (for all designated States except AU BB CA GB IE KE LK LS MN MW NZ SD SG SZ TT UG): UNILEVER N.V. [NL/NL]; Weena 455, NL-3013 AL Rotterdam (NL).

(71) Applicant (for AU BB CA GB IE KE LK LS MN MW NZ SD SG SZ TT UG only): UNILEVER PLC [GB/GB]; Unilever House, Blackfriars, London EC4P 4BQ (GB).

(72) Inventors: SASSEN, Cornelis, Laurentius; Hellendoornstraat 40, NL-3123 CN Schiedam (NL). DE JONG, Jeroen, P., J.; Van Den Bergh Foods Ltd., London Road, Purfleet, Essex RM16 1SD (GB). DE VRIES, Isabel; Baarnhoeve 38, NL-3137 RL Vlaardingen (NL). VAN MEETEREN, Johanna, Antonia; Aletta Jacobskade 72, NL-3137 TB Vlaardingen (NL).

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(54) Title: EDIBLE PLASTIC SPREAD

(57) Abstract

An edible plastic spread is provided consisting of a continuous fatphase and optionally an aqueous phase wherein the fat of the fatphase includes at most 5 % trans-unsaturated fatty acid residue, consists of 40 - 90 % of liquid oil and 60 - 10 % of structuring fat which structuring fat comprises chemically unmodified palm oil or one or more palm oil fractions or a combination of 2 or more thereof, and includes hydrogenated and/or interesterified fat and/or animal fat such that the amount of interesterified fat is at most 70 % of the structuring fat, contains: at most X % symmetrical POP triglycerides or more than X % symmetrical POP triglycerides and contains asymmetrical PPO triglycerides such that P20  $\leq$  16-4 (POP/PPO) wherein P indicates palmitic acid residues, O indicates oleic acid residues, P20 indicates the sum of POP and PPO triglycerides and X = 3.5, and has an N20  $\geq$  4.5. In the product substantially no fat particles of a size visible with the naked eye develop upon storage for at least 3 weeks at 5 °C.

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WO 96/39855 PCT/EP96/02294

1

#### Edible plastic spread

The invention relates to an edible plastic spread having a continuous fatphase and optionally an aqueous phase.

5 Examples of such spreads are margarine, butter, halvarine or minarine, so-called 20% fat spreads and the like.

For spreads other than butter typically a fat is employed that comprises liquid oil and structuring fat or hardstock.

10 The hardstock typically consists of a rather complex mixture of triglycerides obtained by blending components from different origins, e.g. originating from different plant types, and usually at least some of these components have been subjected to chemical modification, i.e. partial 15 hydrogenation and/or interesterification.

Recently, some customers have developed a preference for products that are substantially free from trans fatty acids i.e. that have not been subjected to partial hydrogenation, 20 or that contain only little partially hydrogenated fat.

To meet this need we have studied ways to prepare such spreads using as component in the hardstock, fat derived from palm oil, e.g. palm oil as such, palm stearine 25 fractions and mixtures thereof.

Whereas initially trials seemed to give promising results, upon storage of the product at e.g. 5°C as is often applied for such spreads, after 1 or 2 weeks we observed the 30 development of a very strange product defect. Particles began to develop in the product and they grew to a size as big as 2-3 mm or even bigger. When taking such particles out of the product e.g. with a little pin, and gently rubbing them between the fingers they would quickly melt.

This defect is quite different from the well known product defects of sandiness and graininess. In the case of sandiness the particles have higher melting points, they do not melt so readily when rubbing them between the fingers. 5 The well known graininess consists of particles which also

melt at relatively low temperature but the particle sizes are much smaller.

A defect as the present one we had not observed before. We 10 called it "tropical graininess". We have studied this problem. We have investigated the nature of these particles and found them to consist of fat, in particular of agglomerates of fat crystals. We have also found a way to substantially prevent the development of this defect.

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Accordingly, the invention provides an edible plastic spread consisting of a continuous fatphase and optionally an aqueous phase wherein the fat of the fatphase:

- includes at most 5% preferably 0 3% trans unsaturated fatty acid residue,
  - consists of 40 90%, preferably 50 85 % of liquid oil and 60 - 10%, preferably 50 - 15% of structuring fat which structuring fat
    - comprises chemically unmodified palm oil or one or more palm oil fractions or a combination of 2 or more thereof, and
    - includes hydrogenated and/or interesterified fat and/or animal fat such that the amount of interesterified fat is at most 70% of the structuring fat,

contains

- at most X % symmetrical POP triglycerides or
- more than X % symmetrical POP triglycerides and contains asymmetrical PPO triglycerides. 35 such that P2O ≤ 16-4 (POP/PPO)

wherein P indicates palmitic acid residues, O indicates oleic acid residues, P2O indicates the sum of POP and PPO triglycerides and X = 3.5, and has an N2O  $\geq$  4.5, preferably N2O  $\geq$  5.0.

5

Preferred embodiments of the spread are given in claims 2 - 7.

We found that the occurrence of the tropical graininess

10 depends on the amount of symmetrical POP triglycerides in
the fat used in the continuous fat phase. By ensuring that
the amount of POP triglycerides is not more than 3.5%,
preferably not more than 3.0%, especially not more than
2.5% the risk of such tropical graininess developing

15 becomes practically negligible.

On the other hand, we found that, within certain limits, higher amounts of POP triglycerides may be present in the fat, but in that case asymmetrical PPO triglycerides should 20 be present as well. In that case the combined amount of POP and PPO, indicated as P2O, should be equal to or less than 16-4(POP/PPO), preferably 15-4(POP/PPO), more preferably equal to or less than 14-4(POP/PPO).

- 25 As used herein, the expression palm oil refers to chemically un-modified palm oil, i.e. palm oil that has not been subjected to hydrogenation or interesterification, except where indicated otherwise.
- 30 For use in the structural fat preferably palm oil and/or palm oil stearine are used. Compared with palm oil midfraction and palm oil oleine, palm oil and especially palm oil stearine provide the best structural contribution to spreads in relation to their content of POP. The amount 35 of POP in palm oil and fractions thereof can fluctuate

4

substantially depending on the origin and the way the fractionation is carried out, but typical POP contents are:

palm oil : 24 % POP

5 dry fractionated palm oil stearine : 22 % POP

dry fractionated palm oil oleine : 20 % POP

wet fractionated palm oil midfraction : 60 % POP.

With the use of e.g. 15% palm oil stearine as the

10 structuring fat in the fatblend to be used, the balance of
the fatblend consisting of liquid oil, spreads might
perhaps be made. However, such spreads would be very soft
and vulnerable to oil exudation and other defects.

Therefore, the structuring fat should comprise a component

15 in addition to the palm oil and/or palm oil fractions. This
additional component should be fat of animal origin or fat
that has been chemically modified by means of
interesterification and/or hydrogenation or a combination
thereof. If fat of animal origin is used, it can be used

20 without modification or it can be fractionated,
hydrogenated and/or interesterified.

Examples of fats that can suitably be used as structuring fat in combination with the palm oil and/or palm oil 25 fractions, are:

- \* randomly interesterified palm oil or palm oil stearine
- \* enzymatically interesterified mixtures of lauric fat and palm oil and/or palm oil stearine
- 30 \* partially hydrogenated palm or palm oil oleine.
  - \* butter fat or butter fat stearine
  - \* partially hydrogenated tallow oleine.

When composing the structuring fat care should be taken

35 that the above given requirements for the amount of POP and
in case of higher amounts of POP, also for the amount of

PPO depending on the POP content, are observed. Care should also be taken that the trans content of the product does not exceed 5%, preferably 3% and that the amount of interesterified fat in the structuring fat does not exceed 5 70%. Preferably the amount of interesterified fat does not exceed 50% of the structuring fat. The amount of trans fatty acid residues in the fat can be assessed in conventional manner, preferably using GLC. The POP content of the fat can also be evaluated with conventional methods 10 e.g. using GLC for the fatty acid analysis in combination with carbon number analysis together with general knowledge about the fats employed in case these are relatively simple in TG structure, and/or in combination with 2-position analysis using partial hydrolysis of the 1,3 positions of 15 the triglycerides and the 1,3 random distribution assumption. Suitable methods are for example described in EP 78568 (FAME and Carbonnumber analysis), JAOCS 54, (1977), 208 (trans content), JAOCS (1991), 68(5), 289-293 (Silverphase HPLC), F.D. Gunstone et al, The Lipid 20 Handbook, 2nd edition, (1994), Chapman & Hall, London, pages 338-340 (Silver nitrate TLC) and A.O.C.S. Official Method Ch 3-91, 1-4 (2-position analysis).

For example, a component suitable for inclusion in the structural fat is palm oil hydrogenated to a slip melting point of 42-45°C. In such components, the typical POP content ranges from 12-17%, the trans fatty acid content is usually less than 20%, while the components make good contributions to the structure of the products.

30

As another example, enzymatically interesterified mixtures of palmkernel oil and palm oil stearine, e.g. in 30-70/70-30 weight ratio, can make a good structural contribution while the POP content of such a component is much reduced compared with the corresponding physical mixture of palmkernel oil and palm oil stearine. However,

such interesterified component should not be used at levels exceeding .70% of the structural fat, or else other crystallisation problems may arise.

5 We found that chemically unmodified lauric fat such as coconut oil, palmkernel oil or palmkernel stearine should not be used as the sole structuring fat component in addition to chemically unmodified palm oil or palm oil fraction. It may make the risk of tropical graininess 10 developing in the spread larger. Such fat may however be included in the structuring fat as component additional to the palm oil and/or palm oil fraction(s) and the hydrogenated and/or interesterified fat and/or fat of animal origin.

15

Preferably the fat of the spread includes palm oil and/or palm oil stearine in a combined amount of 3-17%, more preferably 5-14%, while the fat is substantially free from other fractions of palm oil. The amount of hydrogenated 20 and/or interesterified fat and/or animal fat in the structuring fat preferably is 3-35%, more preferably 5-30%, calculated on the total fatblend used in the spread. The combined amount of these 2 parts of the structuring fat preferably is 10-50%, especially 15-40% calculated on the 25 weight of the fat. Other structuring fat, e.g. palm kernel oil or coconut oil is preferably not present in the fat at an amount exceeding 15%, more preferably its amount does not exceed 10% of the fat.

- 30 In order to be able to obtain a spread that is sufficiently robust, e.g. that can withstand being kept at the breakfast table at ambient temperature for some time, preferably the fat is such that it has a solid fat content at 20°C as measured by NMR in a conventional manner (See e.g. Fette, 35 Seifen, Austrichmittel, 80, (1978), 180-186) following
- 35 Seifen, Austrichmittel, <u>80</u>, (1978), 180-186) following heating to 60°C, 1 hour stabilisation at 0°C and 30 minutes

WO 96/39855 PCT/EP96/02294

7

stabilisation at 20°C (the measuring temperature), of at least 5. Specifically it is preferred for N20 to be 6-20 particularly 7-15.

- 5 The liquid oil can be any edible oil liquid at ambient temperature e.g. soyabean oil, rapeseed oil, sunflower oil and the like and mixtures of 2 or more of such oils. The POP content of such oils is well below 1%. However, cottonseed oil may contain as much as 3% POP. Therefore,
- 10 cottonseed oil is preferably not used as liquid oil, or only in small amounts in the fatblend. Liquid oil typically does not contain solid fat at 20°C, preferably it is oil that does not contain solid fat at 15°C. Because the liquid oil does not contribute to the solid fat content at 20°C,
- 15 the type and amount of structuring fat should be chosen, within the above given constraints, such that the blend of structuring fat and liquid oil has a N20 value of at least 4.5, preferably of at least 5.0.
- 20 The invention only applies to spreads the fat of which contains at least 40% liquid oil, preferably at least 50% of liquid oil. We found it quite remarkable that tropical graininess was not observed even at quite high contents of POP, if the liquid oil content was less than 40%. At an oil
- 25 content between 40 and 50% the defect was observed occasionally but not often. At contents of liquid oil above 50%, the occurrence of tropical graininess in spreads containing chemically unmodified palm oil in the structuring fat was a substantial problem unless the above
- 30 specified limits for POP or for POP in combination with PPO were observed.

We found that in particular good spreads could be obtained having a low trans unsaturated fatty acid content and 35 containing palm oil and/or palm oil fraction in the WO 96/39855 PCT/EP96/02294

8

structuring fat, if the overall composition was chosen such that the POP content was 1-3.5%.

Plastic spread does not need to contain an aqueous phase, 5 but preferably the spread comprises 20-85%, more preferably 35-85%, especially 60-83% continuous fatphase, the balance consisting of dispersed aqueous phase.

The fatphase may comprise, apart from fat other ingredients such as emulsifiers, colorants, flavours, vitamins etc. The aqueous phase, if present, may contain water, ingredients derived from milk, food grade acid, preservative, flavour etc.

15 Whether tropical graininess develops in a spread does not depend solely on the fat composition. For example, a spread containing as fat a blend of 25% palm oil stearine and 75% sunflower oil does not always develop tropical graininess. The risk of this occurring is influenced by processing and 20 storage conditions. For example, if the consumer leaves the product repeatedly at the breakfast table for several hours at temperatures of 20-25°C and then puts the product back in the refrigerator at 5°C, this strongly increases the risk of the defect developing. Near the limits of the above 25 given requirements the risk of the defect developing is low but the problem may still occur if the product is subjected to very demanding storage conditions. Especially with such borderline compositions, we found that the risk can be reduced by choosing certain processing conditions.

30

The invention encompasses a process for preparing the present spread wherein the composition that is to constitute the spread is subjected to cooling and working to cause crystallisation of fat such that the temperature of the composition immediately after the cooling and working treatment is at most 10°C.

Conventionally when preparing such products, the temperature of the composition subsequent to the cooling and working treatment and prior to packing is typically 12-17°C. The product is then fed to the packing line to be 5 packed and then stored in a cold store at e.g. 5-10°C. We found that to prevent the tropical graininess from developing when using this kind of fat blend the temperature immediately after the cooling and working treatment, of the composition ready to be packed should 10 preferably be at most 10°C, more preferably 0-8°C, especially 2-6°C.

The cooling and working treatment can conveniently be effected using conventional spread manufacturing equipment.

- 15 Preferably the treatment is carried out in one or more scraped surface heat exchangers, e.g. Votator A-units, optionally combined with 1 or more stirred crystallizers, e.g. Votator C-units. At the end a resting tube, e.g. a Votator B-unit may be employed, but preferably the last
- 20 unit of the equipment employed to impart the cooling and working is a stirred crystallizer. A suitable unit sequence is for example first one or more A-units, followed by a C-unit or possibly a B-unit.
- 25 Appropriately, the composition that is to constitute the product is prepared such that the fat contained in it is substantially free from crystallised fat before the start of the cooling and working treatment, e.g. by ensuring that the temperature is sufficiently high. The cooling and
- 30 working is then effected such that the temperature of the composition immediately following this treatment is sufficiently low, i.e. at most 10°C, preferably 0-8°C, more preferably 2-6°C. This can be achieved by adjusting throughput, chilling on the cooling units and stirring
- 35 speed in the crystallisers. Following this treatment the product is ready to be packed. To pass the composition to

and through the packing machine it will in practice be unavoidable that it is subjected to some working, e.g. caused by pumps, passage through pipes etc. However such treatment is only intended to achieve a smooth packing 5 operation and is quite different from the cooling and working treatment to cause crystallisation of fat to occur, which is applied deliberately and designed to obtain a product with a plastic texture, which gives it its spreadable character. The critical temperature is the one 10 the composition has immediately after this deliberate cooling and working treatment, prior to passage to the packing line.

Throughout this specification, all percentages, parts and 15 proportions are by weight, unless indicated otherwise.

#### Example 1 and comparative examples A-C

A fatblend is prepared from the following components

- 10 % palm oil hydrogenated to a slip melting point of 45 °C
- 20 10 % palm oil stearine (dry fractionated)
  - 8 % palmkernel stearine (dry fractionated)
  - 72 % low erucic acid rapeseed oil

The fatblend contains about 3.5% POP. Its content of trans 25 unsaturated fatty acid residues is about 2%.

A fat phase composition is prepared by mixing 99.7 parts of fatblend with 0.2 parts of lecithin, 0.1 part of monodiglyceride and small amounts of ß-carotene solution 30 and flavour.

An aqueous phase composition is prepared from 5 parts buttermilkpowder, 1 part salt, small amounts of flavour, 94 part water and citric acid to obtain a pH of 4.3. 80 parts of fat phase composition and 20 parts of aqueous phase composition are combined and processed in a conventional manner using a Votator, to obtain a spread which is packed in tubs. The product is stored at 5 °C.

5 After 3 weeks storage, the product is substantially the same as 1 day after production. No tropical grains have developed in the product.

For comparison, margarines were made using the following 10 fatblends:

Α

- 25 % dryfractionated palm oil stearine
- 75 % sunflower oil
- 15 B
  - 23 % palm oil
    - 8 % palm oil hydrogenated to a slip melting point of 45 °C
    - 4 % cottonseed oil hydrogenated to a slip melting point of 36 °C
- 20 3 % palmkernel oil
  - 62 % cottonseed oil

C

- 20 % palm oil
- 25 18 % palm oil hydrogenated to a slip melting point of 42 °C
  - 8 % palm kernel oil
  - 54 % of a mixture of rapeseed oil, soyabean oil and sunflower oil
- 30 The POP contents of the blend were about 5.2%, 8.1% and 7.8% for blends A, B and C respectively. The PPO contents of the 3 blends were 1.4, 1.6 and 1.9% respectively. Thus none of these 3 blends met the requirement of P2O ≤ 16-4(POP/PPO) (see table 1 below). All 3 blends contained
- 35 about 3% or less trans unsaturated fatty acid residues.

  After 3 weeks storage of the margarines at 5 °C, in all 3

WO 96/39855 PCT/EP96/02294

12

products substantial amounts of grains with a size as big as 1 - 3 mm, reflecting tropical graininess, had developed.

Table 1

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		POP	PPO	P20	16-4 (POP/PPO)
	Example 1	3.5	1.0	4.5	2.0
	Comp.A	5.2	1.4	6.6	1.1
	Comp.B	8.1	1.6	9.7	-4.2
10	Comp.C	7.8	1.9	9.7	-0.4

## Comparative examples D and E

Two shortening spreads, consisting of fat only, were
15 prepared to investigate the similarity or difference with
respect to tropical graininess development of POP and SOS
wherein S indicates stearic acid residues.

The fat compositions used and the amount of the most 20 relevant triglycerides of the two products are given in table 2.

Table 2

	Comparative example	D .	E
	Fat composition		
	Sheastearin	12.2	_
5	Palm midfraction (solvent)	-	12.0
	Fully hardened palmstearin(dry)	3.7	3.6
	Sunflower oil	84.1	84.4
	Triglycerides *		
	POP	0.0	6.8
10	PPO	0.0	0.7
	sos	8.6	0.1
	нз	4.0	4.1
	нон	9.6	8.5

15 \* H indicates saturated fatty acid residues with 16 or more carbon atoms in the chain

The shortening spreads were processed by passage through a scraped surface heat exchanger operated with 1500 scrapings 20 per minute using a throughput of 4 kg/h. The exit temperature of the composition was 15 °C. The products were filled into tubs and stored at 5°C.

After 3 weeks storage, comparative example D had a normal 25 smooth structure without grains. In sample E large grains had developed.

The attached figures 1-4 show light microscopy pictures of samples D and E. In each of the figures, the a-figure is a 30 magnification such that the whole width of the picture corresponds to 2.55 mm of the sample. For each of the b-figures, the width of the picture corresponds to 4.8 mm of the sample.

WO 96/39855 PCT/EP96/02294

14

The pictures in figures 1 and 2 are from sample D, the sample thickness in figure 1 being 0.01 mm and in figure 2 being 0.1 mm. The structures are smooth and regular and show a normal fat crystal network of a regular plastic shortening spread consisting of fat only (the few larger black spots in fig. 2b are imperfections in sample preparation).

The pictures in figures 3 and 4 are from sample E, the

10 sample thickness of figure 3 being 0.01 mm and that of
figure 4 being 0.1 mm. The pictures show large
irregularities in the structure, the grains. The grains in
figure 3 are so large that a single whole grain cannot be
shown on the picture. It should be kept in mind however

15 that because of the small sample thickness required, the
grains are flattened and therefore appear somewhat larger
in the picture than they actually are. Typical grain
diameter in sample E was about 2 mm.

20 These trials show that the tropical graininess defect is typical for POP. For the SOS triglyceride it was not observed.

#### Examples 2-3 and comparative example F

25

Plastic shortening spreads consisting of fat only were prepared having a P2O content of about 10% and having different POP/PPO ratios.

30 The fat compositions employed, their N-values and the amounts of the relevant triglycerides in the compositions are shown in table 3. In the measurement of the N-values of these samples, 16 hours stabilisation at 0°C instead of 1 hour was applied.

Table 3

-				
	Example	2	3	F
	Fatcomposition(%)		-	
5	Chem. interesterified palm oil Palm midfraction (solvent) Palmstearine (dry) Sunflower oil	29.7 4.2 - 66.1	22.3 6.9 - 70.8	17.5 7.7 2.2
	Triglycerides	66.1	70.8	72.6
	TITIGITYCETTUES			
	POP	4.8	5.7	6.3
10	PPO	5.0	4.0	3.4
	POP/PPO	1.0	1.4	1.8
	P20	9.8	9.7	9.7
	16-4(POP/PPO)	12.2	10.3	8.6
	N-values			
15	N10	19.3	17.1	15.7
	N20	9.1	6.9	6.7
	изо	4.1	2.7	2.9
	N35	2.7	1.8	1.5

20 The samples were produced as described in example D. They were stored for 1 week at 5°C, then kept for 1 day at 25°C and then stored for 5 weeks at 5°C.

The samples of examples 2 and 3 had remained smooth, in 25 those of comparative example F unacceptable grains had developed.

## Example 3 and comparative example G.

30 Plastic spreads were produced the fat of which had a P2O content of about 6% and that had a POP/PPO ratio of about 2 or of about 4.

The fat compositions employed, the relevant triglyceride contents and the N-values of the fatblends are shown in Table 4.

#### 5 Table 4

	Example	3	G
	Fatcomposition (%)		
	Palm oil	10.0	14.7
	Chemically interesterified palm oil	7.6	. <b>-</b>
10	Palmstearine (dry)	5.2	7.1
	Sunflower oil	77.2	78.2
	Triglycerides	· · · · · · · · · · · · · · · · · · ·	
	POP	4.0	49
	PPO	2.0	1.1
15	POP/PPO	2.0	4.4
	P20	6.0	6.0
	16-4 (POP/PPO)	8.0	-1.8
	N-values		. ,
	N10	8.9	6.3
20	N20	4.7	3.9
	N30	2.2	2.2
	N35	1.9	1.2

In this case the POP and PPO contents of the fatblends were 25 determined by assessing their contents in the individual components and then calculating the contents for the total blends.

For palm oil, the overall fatty acid composition and the 30 fatty acid composition on the 2-position of the triglycerides were determined. From this, the fatty acid composition of the 1,3 positions was calculated. The PPO

WO 96/39855 PCT/EP96/02294

17

and POP contents were calculated from these data using the 1,3-position random distribution (see e.g. M.H. Coleman and W.C. Fulton, 5th Int. Conf. Biochem. Problems of Lipids, Pergamon Press, London (1961)) and 2-position random 5 distribution approximations.

The PPO and POP contents of the chemically interesterified palm oil were calculated from the overall fatty acid composition on the basis of the overall random distribution of a chemically interesterified fat. (That the reaction had been complete had been monitored during the process on the basis of slip melting point and unstabilized N-value measurement).

- 15 For the palmstearine, AgNO3 thin layer chromatography was applied. The spots of the H¹3, H²20, H²02 + H²2L, H²0L + O3 and "other" (more highly unsaturated) triglyceride (TG) groups, wherein H² indicates saturated fatty acid residues and L indicates linoleic acid residues were
- 20 recovered from the plate. To each of them saturated C17 methyl ester was added as internal standard. The fat was extracted from the material and converted to FAME and the fatty acid composition of each group was determined by gaschromatography. From these data also the amount of each
- 25 of the TG groups in the palmstearin was calculated. The H<sup>1</sup>20 group was further analysed in a corresponding manner for its 2-position fatty acid composition. Within this group the 1,3 random and the 2-random approximations were employed to calculate the POP and PPO contents.

30

Sunflower oil could be analysed for POP and PPO contents in the same way as described above for palm oil, but from the generally known properties of sunflower oil it can be concluded that the POP and PPO contents in this oil are 35 negligable.

The re	esults	οf	these	analy	yses	were:
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	४	POP	PPO
ı	palm oil	23.0	5.2
	chemically interesterified		
5	palm oil	8.1	16.5
	palm stearine	21.1	5.1
	sunflower oil	_	-

The spreads were produced using the following composition

10 79.75 % fatcomposition

0.08 % monoglyceride

0.07 % soybean lecithin

0.1 % colourant

17.0 % water

15 1.5 % salt

1.5 % wheypowder

p.m. lactic acid to pH 5.2

The spreads were produced using an AAC sequence. The

20 temperature after the second A-unit was 5°C, that after the
C-unit was 7°C. The A-units were operated at 800 rpm, the
C-unit at 150 rpm. The residence time in the C-unit was
about 40 seconds. The products were filled in tubs, stored
at 5°C and evaluated after 3 months. The samples of example

25 3 remained smooth showing no problems. In the samples of
comparative example G grains had developed in the product
and the product was not acceptable.

Using these same compositions, spreads were also produced 30 using less chilling on the A-units, such that the temperature after the second A-unit was about 11.5°C and the temperature after the C-unit about 13°C. With this processing, the samples of composition G developed still

substantially more grains, while those of example 3 remained acceptable.

## Example 4 and comparative example H

5 Examples 3 and G were repeated except that in the fatblend 10% sunflower, calculated on total fatblend composition, was replaced with 10% of a chemically interesterified mixture of 60 parts fully hydrogenated palmkernel oil and 40 parts fully hydrogenated palm oil, to obtain example 4 10 and comparative example H, respectively.

The N-values of the fatblends were:

	Example	4	H
15	N10	19.4	17.8
	N20	10.8	10.0
	N30	4.6	4.4
	N35	2.0	1.6

20 Because the specific interesterified component introduced in these trials is fully saturated, while the POP and PPO contents of sunflower oil are negligable, the POP and PPO contents for the fatblends of examples 4 and H were the same as those for examples 3 and G, respectively.

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For both processing conditions, the samples of example 4 remained good, while those of example H exhibited unacceptable tropical graininess.

30 The chemically interesterified fat incorporated in these trials is rich in H2M triglycerides wherein M indicates saturated fatty acids with 10-14 carbon atoms in the chain. Such H2M triglycerides have often been proposed in the literature as a remedy against various crystallisation 35 defects, e.g. to prevent bloom in confectionery.

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The trials of these examples indicate that H2M triglycerides can be present in the present products without adverse effect, but they are not effective as inhibitor to prevent the development of tropical 5 graininess.

#### Comparative examples I and J

These trials were designed to investigate the effect of the amount of liquid oil in the fatblend.

The fatcompositions used were:

	Example	I	J
	Rapeseed oil (low erucic)	33%	53%
	Palm oil	30%	20%
15	Palm kernel oil	15.5%	15%
	interesterified mixture as		
	used in example 4	21.5%	12%

Fatblend I had an N20 value of 22, an N30 of 8 and an N35 20 of 4. Fatblend J had an N10 value of 26, an N20 value of 13 and an N35 of 1.

The POP contents of fatblends I and J were about 7% and 5%, respectively. The PPO content was about 1 - 1.5% in both 25 cases.

Using these fatblends, margarines with a fat content of 80% were produced in conventional manner. The products with fatblend I were packed in wrappers, those with fatblend J 30 were packed in tubs.

Although the products with fatblend I had a very high POP content, grains were not found. In samples of the products with fatblend J, although their POP content was lower,

tropical graininess did occur. These findings illustrate that if the liquid oil content became low, we did not observe tropical graininess, even if the POP content was high and the content of PPO was insufficient to be 5 effective as inhibitor.

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#### CLAIMS

- Edible plastic spread consisting of a continuous fatphase and optionally an aqueous phase wherein the fat of the fatphase:
  - \* includes at most 5% preferably 0 3% trans unsaturated fatty acid residue,
  - \* consists of 40 90%, preferably 50 85 % of liquid oil and 60 10%, preferably 50 15% of structuring fat which structuring fat
    - comprises chemically unmodified palm oil or one or more palm oil fractions or a combination of 2 or more thereof, and
    - includes hydrogenated and/or interesterified fat and/or animal fat such that the amount of interesterified fat is at most 70% of the structuring fat,

#### \* contains:

- at most X % symmetrical POP triglycerides
   or
- more than X % symmetrical POP triglycerides and contains asymmetrical PPO triglycerides such that P2O ≤ 16-4(POP/PPO)
- wherein P indicates palmitic acid residues, O
  indicates oleic acid residues, P2O indicates the
  sum of POP and PPO triglycerides and X = 3.5, and
  has an N20 ≥ 4.5, preferably N20 ≥ 5.0.
- Spread according to claim 1, wherein X=3.0 preferably
   X=2.5.
  - 3. Spread according to claim 1 or claim 2 wherein the fat contains more than X% symmetrical POP triglycerides and contains asymmetrical PPO triglycerides such that P2O ≤ 15-4(POP/PPO), preferably P2O ≤ 14-4(POP/PPO).

- 4. Spread according to any one of claims 1 3 wherein the fat of the continuous fatphase contains 1 - 3.5 % of symmetrical POP triglycerides.
- 5 5. Spread according to any one of claims 1 -4 wherein the combined amount of palm oil and palm oil stearine is 3 17 %, preferably 5 14 % calculated on the weight of the fat while the fat is substantially free from other fractions of palm oil.

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- 6. Spread according to any one of claims 1-5 wherein the structuring fat includes at most 50% interesterified fat.
- 15 7. Spread according to any one of claims 1-6 wherein the fat of the fatphase has an N20 value of 6-20, preferably 7-15.
- 8. Process for preparing a spread according to any one of claims 1 7 wherein the composition that is to constitute the spread is subjected to cooling and working to cause crystallisation of fat, such that the temperature of the composition immediately after the cooling and working treatment is at most 10°C, preferably 0-8°C, more preferably 2 6°C.

Figure 1

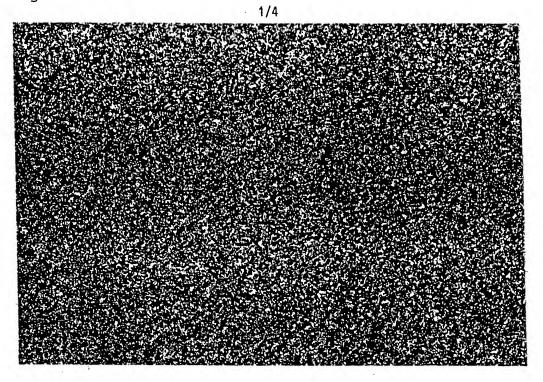


Fig. la

Fig. 1b

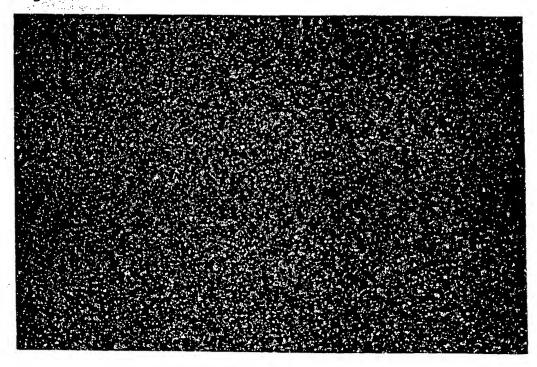


Figure 2

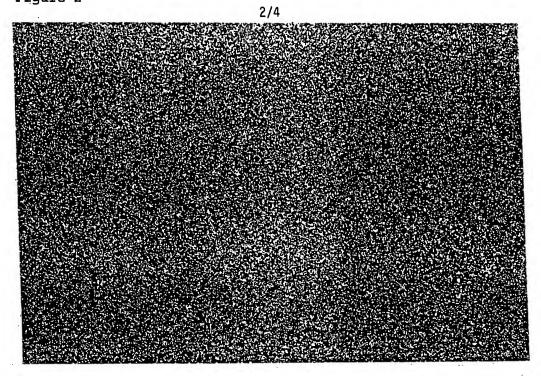


Fig. 2a

Fig. 2b,

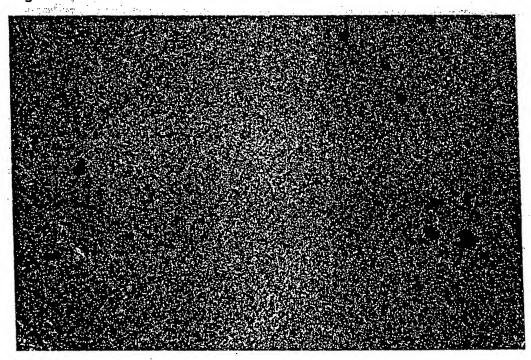


Figure 3

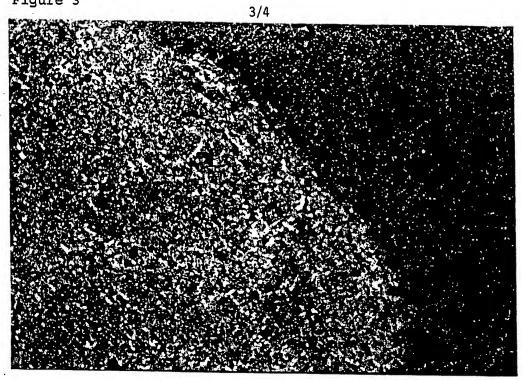
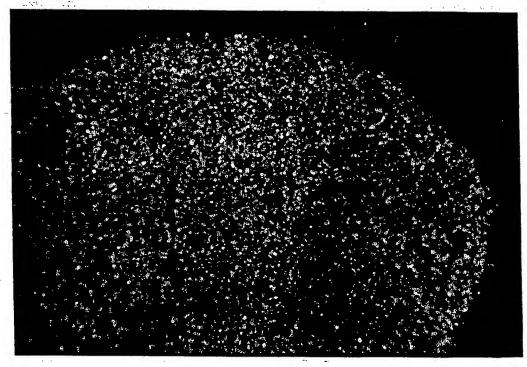


Fig. 3a

Fig. 3b



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Figure 4



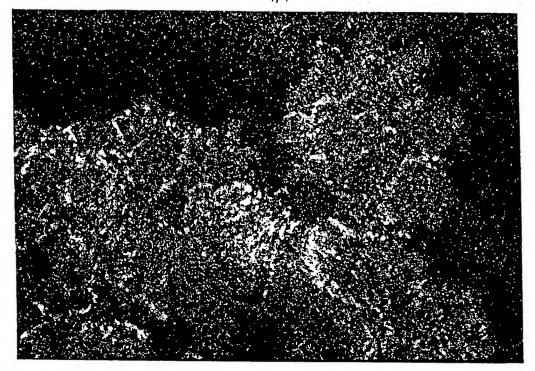
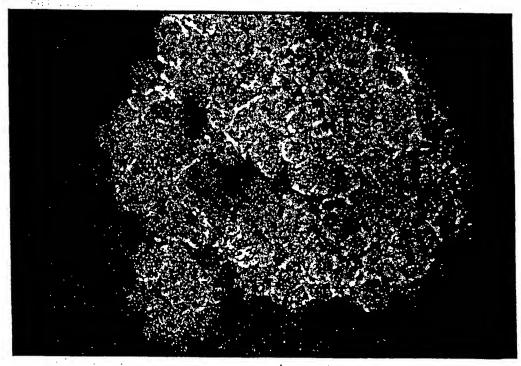


Fig. 4a

Fig. 4b



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